

SUBSTANCE ABUSE PEER TO PEER PROGRAM

Health and Mind club initiated a **Peer-to-Peer Program (P2P)** to mark World No Tobacco Day.

The program was conducted on 13th June 2022 for grade 12.



World No Tobacco Day is marked every year on 31st May. The main aim of the day is to highlight the risk associated with the use of tobacco and to protect the health of smokers.

Peer Leaders aimed to create awareness on substance abuse among teens. Led by students of grade 12, interactive classroom sessions were conducted. Through activities students understood the need for prevention and learnt strategies that will **reduce the impact of substance abuse** and **improve** their mental health.



We hope that through this program we are able to harness peer influence in order to enact positive change.

