



RETURN OF THE BROWNIES



**TO CREATE AWARENESS
ON MENTAL HEALTH AND
NORMALISE
CONVERSATIONS AROUND
MENTAL HEALTH,
STUDENTS OF GRADES 10
AND 12 ORGANISED A
MENTAL HEALTH TRIVIA
QUIZ ON 13TH OCTOBER IN
THE GIRLS BREAK.**

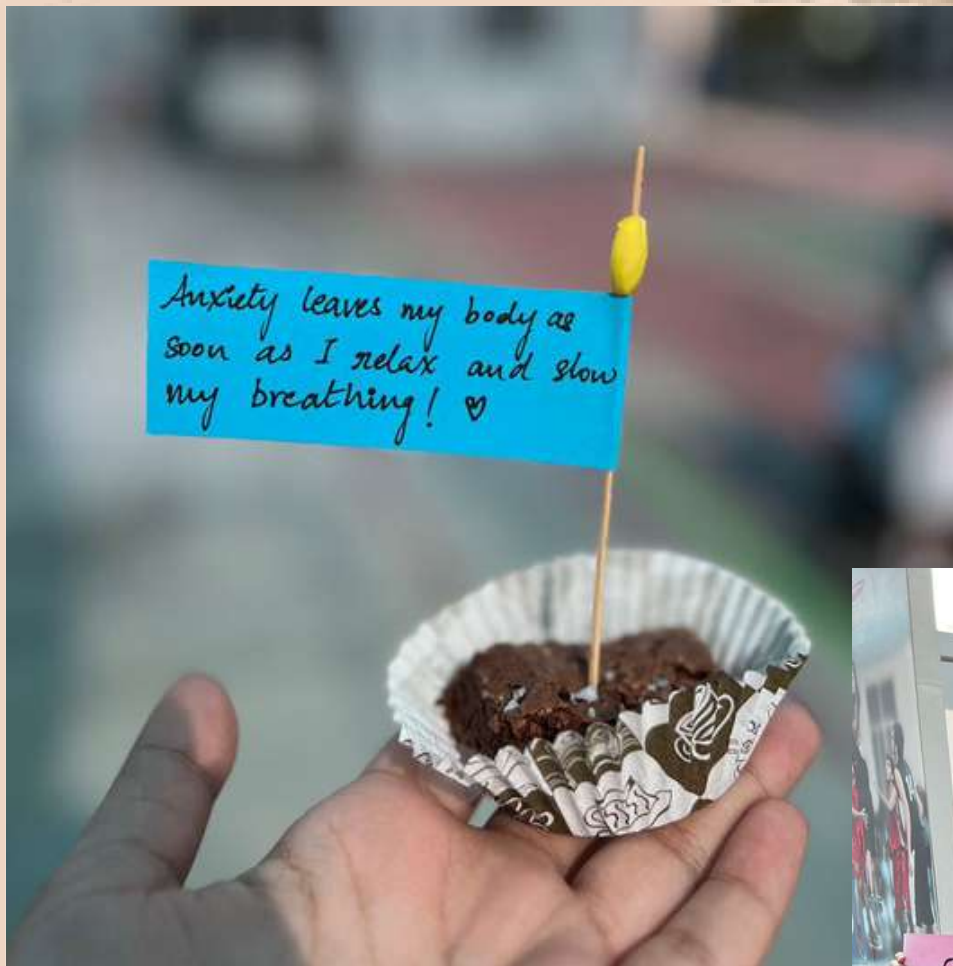




THROUGH THIS QUIZ, STUDENTS TRIED TO SHINE
A LIGHT ON THE CONCEPT OF SELF-CARE,
WELLNESS AND TAKING RESPONSIBILITY FOR
ONE'S OWN MENTAL HEALTH.



THE WINNERS OF THE QUIZ WERE GIVEN BROWNIES AND NOTES WITH POSITIVE AFFIRMATIONS



THE INTERACTIVE QUIZ CONCLUDED WITH ALL THE STUDENTS SAYING POSITIVE AFFIRMATIONS.

