

29TH NOVEMBER 2022

**CONNECTED COMMUNITIES;
THRIVING STUDENTS**



UAE's national program for wellbeing is aimed at improving people's mental and physical well-being and promoting positive thinking and self-confidence.



Students from H&M club have been celebrating the UAE's 51st National day with a Well Being stall. The stall aimed to promote mental and physical wellbeing and build meaningful connections within the school community.

Students need good mental health to be able to deal with challenges and adapt to change. Good mental health is key to the healthy development and well-being of all. We hope this event will be a reminder to students and staff to take care of their wellbeing. The stall was an enormous success amongst both students and teachers.

