



## LET'S CONNECT

Health & Mind Club Marks Children's Mental Health Week The Health and Mind Club members hosted "Let's Connect" on February 8, 2023 to mark Children's Mental Health Week. The theme, Let's Connect, is focused on creating meaningful connections.

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Grade 9 girls organized wellbeing bingo, it was a wonderful chance to interact and the winners received brownies and handmade affirmative cards.

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A musical performance by Grade 9 boys encouraged everyone in the audience to initiate conversations and meaningfully connect with each other.