

# UNLEASH YOUR SENSES

11 MAY 2023





On 11th May 2023, a dance showcase on the theme “Unleash Your Senses” was organized by grade 11 students of the Health and Mind Club to encourage students to engage and explore their senses through movement and music and unleash their superpowers.



It was held to create a supportive environment where participants could freely express themselves through movement and art. By dance, participants also explored their creativity and were prompted to create abstract pieces based on their imagination and emotion.







Overall this event was a success in promoting creativity, collaboration, and community building among the students.

